



A safe home is in your hands.

## **Learn more about home safety!**

### **Prevent Falls**

Not being able to see well is one way people fall in their home.

Things that make you slip or trip also cause falls.

Falls on the stairs can be very bad.

Have lots of light in each room and hall so you will see well.

Put things away that can make you trip or fall.

Put grab bars to hold on to in the bathroom.

The grab bars will help you get up and down without falling.

### **Be safe from fires and burns**

The water from the sink and tub in your home can cause a burn if it is too hot.



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Little children and older people are more likely to get a bad burn from hot water.

You can set the heat on your hot water heater so it will not get too hot.

If there is a fire in your home you must get outside fast.

A working smoke alarm can save your life.

If a fire happens when you are sleeping, you will not wake up on your own.

A working smoke alarm will go off in a fire.

The loud noise will wake you up.

You and your family can get outside where it is safe.

Call 9-1-1 when you get outside.

The fire department will help you.

## **Prevent poisoning**

The things you use to clean and fix up your home may have poisons in them.  
Keep them in a safe place.



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Make sure you know where the poisons are in your home.  
Keep them away from food and drinks.  
Keep them in a safe place.

Medicines can be like poisons.  
Don't take medicines that belong to someone else.  
Keep them in a safe place.

If young children are in your home, keep medicines and the things you use to clean and fix up in a locked cabinet.

## **Prevent Carbon Monoxide (CO) poisoning**

The things you cook and heat your home with can give off a gas. If they run on electricity, this doesn't happen.

If the things you cook and heat your home with do not work well, they can give off too much gas.  
The gas is a poison called carbon monoxide or CO.

You cannot smell or see this gas.  
Too much of it can make you very sick.



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Running a car in a closed garage can let too much CO gas into your home.

Drive your car out of the garage as soon as you start it, and then close the garage door.

Don't use your stove or heaters for other things.  
Stoves and ovens are for cooking only.

The things you cook and heat your home with need proper care.  
Follow directions.  
Get repairs made if they don't work right.

Once a year, have a repair person inspect the stove and heaters.

## **Put a carbon monoxide (CO) alarm in your home**

You cannot smell or see carbon monoxide (CO) gas.

Too much gas can make you very sick. It can make you feel like you have the flu and a bad headache.

You can put a CO alarm in your home. It will make a loud noise if there is too much CO in your home.



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If you feel sick and think too much CO gas is in your home, get fresh air.

Open the windows.  
Turn off the things you use to cook and heat.  
Call 9-1-1.  
Go outside.

If someone feels very sick, call a doctor.

If the CO alarm goes off but you feel okay, push the “reset” button.

If the alarm keeps going off, call 9-1-1.  
Open windows.  
Go outside.

If it's too cold to go outside and you feel well, sit by an open window after you call.